

**FOR IMMEDIATE RELEASE**  
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### **Heterotaxy Connection Announces Any Way 5K Fundraiser 2019**

DRAPER, UT – Heterotaxy Connection, a nonprofit organization dedicated to supporting, educating, and empowering families affected by heterotaxy syndrome, is pleased to announce the 2019 Any Way 5K event. Participants who register for the event commit to completing a 5K anytime during the month of October, in any location of their choosing, and they solicit donations to support Heterotaxy Connection.

“We are excited to announce the 2019 Any Way 5K,” said Necia Munro, President and Co-Founder of Heterotaxy Connection. “This is our largest annual fundraising event. The Any Way 5K is a special opportunity for our community to collectively generate financial support for our organization. Generating funds allows us to fulfill our mission to support the heterotaxy community. In addition to raising money, the Any Way 5K is another opportunity for us to educate the public about heterotaxy syndrome and honor our heterotaxy heroes.”

In 2018, the total donations received surpassed the 2017 donations. The organization looks forward to continuing that trend in 2019.

“This year, we are offering an increased variety of incentives to participants for solicited donations,” said Munro. “Participation incentives are offered to everyone. Additional individual and group incentives are awarded, based on the amount of donations raised.”

Registration for Heterotaxy Connection’s Any Way 5K is open, and individuals may participate during the entire month of October. Acceptable methods of participation include any activity in which forward motion is powered by one’s own body such as walking, running, cycling, hiking, or swimming. The distance may be covered at one time or broken up into smaller increments. Participants can register at:  
<https://www.heterotaxyconnection.org/anyway5k>

“We view the Any Way 5K as a fun opportunity for members of the heterotaxy community to advocate and solicit donations, but also a way to connect with other members of the community in friendly competition,” said Munro. This year, we will share weekly social media posts advertising ideas for how community members may consider raising funds in their home towns. We truly want our community members to feel encouraged and motivated to obtain donations outside of heterotaxy circles.”

**About Heterotaxy Connection:** Heterotaxy Connection is a registered 501(c)3 non-profit dedicated to supporting, educating, and empowering families affected by heterotaxy syndrome. We connect families with resources and with each other. Heterotaxy syndrome is a congenital condition that results in internal organs being misplaced, malformed, multiplied, or missing. The causes of heterotaxy syndrome are not fully understood. Individuals with heterotaxy syndrome require lifelong multidisciplinary care and medical monitoring. Visit <https://www.heterotaxyconnection.org/> to learn more.



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